IT PAYS TO GET HEALTHY

University of New England rewards your healthy actions.
Your employer wants to help you get healthy and stay healthy. So when you get involved in wellness goals sponsored by UNE, you can easily earn rewards.* Earn rewards by completing your annual physical or participating in the Healthy Pregnancies Healthy Babies program. Please refer to program materials for more information.

To get started, visit mycigna.com, then click on "wellness" or "view my incentives." You can also find information by downloading the myCigna App for your mobile device.**

*Incentive awards may be subject to tax; you are responsible for any applicable taxes. Consult with your personal tax advisor for assistance.
** The downloading and use of the myCigna App is subject to the terms and conditions of the App and the online stores from which it is downloaded. Standard mobile phone carrier and data usage charges apply.

Cigna®

If you are eligible for an incentive as part of your employer wellness program: For all participants - If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Please refer to your Employer's program materials for program and contact information, or contact Cigna at 855.246.1873 and they will work with you and, if you wish, with your doctor.

For participants who may have an impairment - If you are unable to participate in any of the program events, activities or goals because of a disability, you may be entitled to a reasonable accommodation for participation, or an alternative standard for rewards. For worksite accommodations please contact your Employer at cmartins@une.edu. For accommodations with online, phone or other Cigna programs, please contact Cigna at 855.246.1873.

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